Dancer, illustrator

She began her dance training with her middle school club activity and continued until she graduated high school. She have dropped dancing once when she was getting an education to be a elementary school teacher at the Rikkyo University but the last days of university, she went back to dancing because it was always on her mind. As a contemporary dancer, she have worked with Naoko Ito, Momoko Shiraga, Aiko Obana, GRINDER-MAN, field works, Wataru Kitao, Aisa Shirai, Hiroaki Umeda and so on. She was a first member of GERO Physical Theatre Company directed by Kim Ito and now she is a member of Dance Company Batik directed by Ikuyo Kuroda and have performed many works.

In 2014, she started to create her own works and received dance award "Dancehana" by Kagurazaka Session house which happens only twice a year to her solo work "Fantasy".