

MICO MAI

Super Artist, Designer, Performer, Meditation Master, Love Evangelist

Profile

Born in 1988, studied multiculturalism and art in Canada, the United States and the United Kingdom from the ages of 15 to 24. She graduated from Central Saint Martins, University of the Arts London. She dedicated Buddhist paintings and performance to Benzaiten at Chikubu Island, and a pair of portrait paintings and performance to Seoritsu-hime at the Three Mountains of Dewa Shrine. She traveled to foreign wilderness, found the true self from meditation, and trained both physically and mentally. Her paintings, films and performances she creates open the gate of adventurous spirit and true love to all people and lead a whole body to be happy.

Education

2012 BA (Hons) Performance: Design and Practice, Central Saint Martins - University of the Arts London

Theatre

- 2011 Live Performance, *Common Sounds*, The Commonwealth Education Trust, London, Costume Design & Make of Fruit For The Apocalypse
Dance Collaboration, *Elementary affray*, Cochrane Theatre, London, Costume Design & Body Paint Design
- 2012 Opera, *Bluebeard's Castle*, English Pocket Opera Company, London, Direction & Set Design of the Treasury Chamber, Performer of the Wives Chamber
- 2017 Juitaimai Dance, *Yugao ~ The Tale of Genji ~*, Hanasakai School, National Theater, Tokyo, Japanese Dancing Fan Design & Make for Sasa Hanasaki
- 2019 Juitaimai Dance, *Kanawa ~ The Iro Lady ~*, Hanasakai School, National Theater, Tokyo, Kimono & Fan for Sasa Hanasaki

Cultural Activities

- 2016 Painting, Dance & Music Dedication to the Benzaiten, *Origin*, Hōgon Temple, Chikubu Island, Painting & Performance by MICO MAI (with UNESCO World Heritage, Shagiri Musician & Music Producer Yanagiman)
- 2017 Painting & Dance Dedication, *Seoritsu-hime*, Dewasanzan Shrine & Yamabushi Inn, Yamagata, (Performance with MASAYO)
Work Donation, *Charity dinner party, Louis Pasteur Evening (co-sponsored by Japan Pasteur Foundation and Japan Pasteur Association)*, Imperial Hotel Tokyo, Donated Painting
Master's successor, *Golden Meditation Master*, Tokyo
- 2018 Documentary Film & Dance Dedication to Seoritsu-hime, *JINEN ~ Documentary Film ~*, Dewasanzan Shrine, Yamagata
- 2019 Donation of works, *Circle of Life*, Embassy of Botswana, Japan
- 2020 Dance Dedication & Documentary Film, *Infinity Performance ~ Benzaiten ~*, Hōgon Temple, Chikubu Island, Film Directed by MICO MAI,

SUNPHOENIX Salon Exhibition in Tokyo

- 2013 Sanctuary Exhibition
2014 Chandra Exhibition, Ludique Exhibition, Harmony of the Moon and the Sun Exhibition
2015 Spring Goddess Exhibition, Beauty Exhibition, Ancient Beauty Exhibition
2016 Spring Winds Exhibition, Your Princess Exhibition, Emerald Exhibition, Benzaiten Exhibition
2017 Seoritsu-hime Exhibition
2018 Reborn Himiko Exhibition, My Only Red Rose Exhibition
2019 The Venus Exhibition, Venus of Love Exhibition
2020 Higher Self Exhibition, LOVE Exhibition, The Soul of Phoenix Exhibition, Princess Rose Exhibition (Instagram & You Tube Exhibition)

Film

- 2012 Dance Short Film, *Serolis of the Red Eyes*, London, Direction & Costume & Body Painting by MICO MAI
2018 Documentary Film, *JINEN*, Yamagata & Tokyo
2020 Documentary Film, *Benzaiten*, Hōgon Temple, Chikubu Island,

Art Event

- 2016 Exhibit at the store, *Princess Sakura*, Japan Expo Paris
2018 Documentary Film Show, *JINEN*, Galaxy, Tokyo
2019 Talk Show & Exhibition, *The latest resorts and art that overseas celebrities are paying attention to*, The Japan- France Economic Exchange Committee, ENEKO Tokyo, (Talk with Editor-in-Chief of *Richesse & 25ans*, Hiromi Togawa)
SUNPHOENIX Original Home Care Design, Tokyo
Documentary Film & Performance Show, *JINEN*, Tokyo Women's Plaza, Tokyo
2021 Floral Fantasy Exhibition, Four Seasons Hotel Tokyo at Otemachi
Talk Show in Live & You Tube, *Art of Flower*, SUNPHOENIX presents, Four Seasons Hotel Tokyo at Otemachi (Talk with Hiromi Togawa, Editor-in-Chief of Hearst Digital Japan Luxury Media Group)

Media

- 2019 Golden Meditation, Ginger web, <https://gingerweb.jp/trend/article/lifestyle/20190902-lifestyle-6>
Princepia Oil, Ginger web, <https://gingerweb.jp/beauty/slug-nb6cdacf745fc>
Golden Meditation, Richess Magazine, 30th issue
Princepia Oil, Figaro Web, <https://madamefigaro.jp/beauty/feature/190813--ayurveda-04.html>
2020 Princepia Oil, 25ans Magazine
Golden Meditation, Vogue Japan, August Issue
Golden Meditation, Vogue Japan Web,
<https://www.vogue.co.jp/beauty/article/sunphoenixspa-online-meditation-spa-salon>
Himalaya Red Noon Salt, Richess Magazine, 34th issue
2021 Golden Meditation & Performance Painting “Floral Fantasy”, 25ans Web,
<https://www.25ans.jp/lifestyle/lifestyle-other/g36257816/pinkmoon-beauty-210427-hns/>
Golden Meditation & Performance Painting “Floral Fantasy”, Harper's BAZAAR,
<https://antenna.jp/articles/13071028>