Sonoko Hashimoto

In 1991, she entered Sendai Shirayuri Gakuen Junior High School.

In 1994, she entered Vienna City Conservatoire Ballet School.

In 1995, she won third place at the Salzburg International Ballet Competition in Austria.

In 1996, she won first place at the Vienna National Competition in Austria. She graduated from Vienna City Conservatoire Ballet School with honors. She joined the Greifswald City Ballet Company in Germany as a soloist.

In 1997, she was a finalist at the Rudolf Nureyev International Ballet Competition in Budapest.

In 1999, she was invited to join the Braunschweig City Ballet Company as a first soloist. In 2001, she worked as a freelancer in various parts of Europe, mainly in Germany. In 2004, she was invited back to the Braunschweig City Ballet Company as a prima ballerina.

In 2006, she returned to freelance work and worked in Nuremberg and Braunschweig. In 2007, she returned to Japan as a lecturer at Palier class de Ballet (Sendai) and Sym's Ballet (Tokyo).

In 2009, she established curans, which trains people who can compete at the forefront of the international dance scene. Many of her students have won prizes in competitions.

In 2013, she was a special lecturer at Mayumi Kinouchi Ballet Studio and Tokyo Ballet High School, instructing students who wish to enter competitions or study abroad. In 2014, she was in charge of instructing the second place winner of the Prix de Lausanne International Ballet Competition in classical as well as contemporary dance. In addition to teaching children, she is also known for her detailed and careful regular classes, including workshops on basic ballet, variations, and pointe classes for adults.